

**Patient Information**

Date \_\_\_\_\_  
Patient \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex  M  F Age \_\_\_\_\_ Birthdate \_\_\_\_\_  
 Single  Married  Widowed  
 Divorced \_\_\_\_\_ # of Children \_\_\_\_\_  
Patient SS# \_\_\_\_\_  
Occupation \_\_\_\_\_  
Employer \_\_\_\_\_  
Spouse's Name \_\_\_\_\_  
Whom may we thank for referring you?  
\_\_\_\_\_  
Name of Medical Doctor \_\_\_\_\_  
Facility \_\_\_\_\_  
Phone \_\_\_\_\_

**Phone Numbers**

Home \_\_\_\_\_  
Cell \_\_\_\_\_  
Work \_\_\_\_\_  
E-mail address \_\_\_\_\_  
Best time to reach you \_\_\_\_\_

**IN CASE OF EMERGENCY,  
CONTACT.**

Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Phone \_\_\_\_\_  
Work \_\_\_\_\_ Ext. \_\_\_\_\_

**Insurance**

Who is responsible for this account? \_\_\_\_\_  
\_\_\_\_\_  
Relationship to patient \_\_\_\_\_  
Insurance Company \_\_\_\_\_  
\_\_\_\_\_  
Policy ID \_\_\_\_\_  
Is patient covered by additional insurance?  
 Yes  No  
Subscriber's Name (who is the policy holder) \_\_\_\_\_  
Insured's SSN: \_\_\_\_\_  
Insured's DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to patient \_\_\_\_\_  
\_\_\_\_\_

**ASSIGNMENT AND RELEASE**

I, the undersigned, certify that I (or my dependent) have insurance coverage with the company listed above and assign directly to Kenkel Chiropractic all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I *am* financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

Responsible Party Signature \_\_\_\_\_  
\_\_\_\_\_  
Relationship \_\_\_\_\_ Date \_\_\_\_\_

**Accident Information**

Is the condition due to an accident  Yes  
 No Date \_\_\_\_\_  
Type of accident  Auto  Work  
 Home  Other  
To whom have you made a report of your accident?  Auto Ins.  Employer   
Work Comp.  Other  
Attorney Name (if applicable) \_\_\_\_\_  
\_\_\_\_\_

### Patient Information

Reason for your visit: \_\_\_\_\_

When did your symptoms start: \_\_\_\_\_

Is this condition progressively getting worse: ( ) Yes ( ) No ( ) Same

How often do you have this pain/symptoms: \_\_\_\_\_

Does it interfere with your: ( ) Work ( ) Sleep ( ) Daily Routine ( ) Recreation

Movements that are painful to perform: ( ) Sitting ( ) Standing ( ) Lying ( ) Walking

Complete this Chart:

Please mark **area(s)** of injury or discomfort as shown in the example below. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from 1 (discomfort) to 10 (extreme pain).

Description → Numbness      Pins & Needles      Burning      Aching      Stabbing  
 Symbol → NNNN      PPPP      BBBB      AAAA      SSSS

○ Circle any area of pain not represented by a symbol.

What treatment have you already received for your condition: ( ) Chiropractic ( ) Surgery

( ) Medication ( ) Physical Therapy ( ) None ( ) Other: \_\_\_\_\_

Name and address of other doctor(s) who have treated you for your condition:

\_\_\_\_\_

Date of last: Physical Exam \_\_\_\_\_ Spinal X-ray \_\_\_\_\_

Spinal Exam \_\_\_\_\_ MRI, CT, Bone Scan \_\_\_\_\_

Current Medications	Allergies	Vitamin/Herb/Minerals

<u>Exercise</u>	<u>Well Balanced Diet</u>	<u>Alcohol Consumption</u>	<u>Tobacco Use</u>
( ) Never	( ) Never	( ) Never	( ) Never
( ) Rarely	( ) Rarely	( ) Rarely	( ) Rarely
( ) Occasionally	( ) Occasionally	( ) Frequently	( ) Frequently
( ) Regularly	( ) Regularly	( ) Daily	( ) Daily

WOMEN: Are you pregnant? ( ) Yes ( ) No ( ) Trying to Conceive Due Date: \_\_\_\_\_

**Injuries/ Surgeries in past**

**Description**

**Date**

Falls/Injuries \_\_\_\_\_

Accidents \_\_\_\_\_

Surgeries/Illness \_\_\_\_\_

Family History: Do any of your family members suffer from any of the following:

\_\_ Arthritis \_\_ High Blood Pressure \_\_ High Cholesterol \_\_ Diabetes \_\_ Depression

\_\_ Heart Disease \_\_ Cancer \_\_ Chronic Pain \_\_ Other: \_\_\_\_\_, \_\_\_\_\_

**REVIEW OF SYSTEMS**

Have you in the Past (P) or currently (C) suffer from any of the following symptoms/conditions?

<b><u>General Symptoms</u></b>	<b><u>Mental Health</u></b>	<b><u>Bowel/ Bladder</u></b>
Decreased Activity Level ____	Irritability ____	Frequent Urination ____
Fever ____	Depression ____	Urgency ____
Chills ____	Disturbed Sleep ____	Trouble start or stopping ____
Fatigue ____	Suicidal Thoughts ____	Erectile Dysfunction ____
Night Sweats ____	Anxiety ____	Nocturia/Bedwet ____
Loss of Appetite ____	Nervousness ____	Burning with urination ____
Weight Loss ____		Losing control/incontinence ____
Weight Gain ____		Bowel Dysfunction ____
Loss of Energy ____		Sexual Dysfunction ____

<b><u>Vision</u></b>	<b><u>Heart/ Lungs</u></b>	<b><u>Stomach</u></b>
Blurred Vision ____	Chest Pain ____	Nausea ____
Double Vision ____	Palpitations ____	Vomiting ____
Vision Loss ____	Fainting ____	Diarrhea ____
Eye Pain ____	Shortness of Breath ____	Constipation ____
Work Glasses/ Contacts ____	Ankle Swelling ____	
	Coughing ____	
	Wheezing ____	

<b><u>Joint/ Neurological</u></b>	<b><u>Skin</u></b>	<b><u>Immunity/ Endocrine</u></b>
Joint Pain ____	Rash ____	Enlarged Lymph Nodes ____
Joint Weakness ____	Itching ____	Hives ____
Muscle Weakness ____	Dryness ____	Hay Fever ____
Seizures ____	Lesions ____	Persistent Infections ____
Abnormal sensory Arm/ Leg ____	Open Wound/ Infection ____	Diabetes ____
Loss of Memory ____	Hair/Nail Changes ____	Thyroid Disorder ____

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Doctor's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



### **TERMS OF ACCEPTANCE**

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Vertebral Subluxation Complex (VSC):** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

**Health:** A state of optimal physical, mental and social well being, not merely the absence of disease or infirmity.

**Adjustment:** The specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine using our hands or instruments depending on your individual needs.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. **OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom.** Our only method is specific adjusting to correct VSC.

### **PRIVACY POLICY**

**The patient understands and agrees to allow this office to use their Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. If there is anyone you do not want to receive you medical records, please inform our office.**

I have read and fully understand the above statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction.

I therefore accept chiropractic care on this basis.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



## Informed Consent to Chiropractic Treatment

The State of Iowa requires that every patient be informed of the risks of treatment and the alternatives prior to the beginning of treatment. The following is Kenkel Family Chiropractic's informed consent. We intend this consent form to cover the entire course of treatment for your present condition and for any future conditions for which you seek treatment at this or any other Kenkel Family Chiropractic clinic.

**The nature of chiropractic treatment:** The doctor will use his/her hands or a mechanical device in order to manipulate your joints. You may hear a "click" or a "pop", similar to when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or traction, as well as exercise instruction may also be used.

**Possible risks and probability:** There are inherent risks in any and all treatment delivered by any health care provider, ranging from taking a single aspirin to complicated brain surgery. Chiropractic is no exception. Although we take every precaution, there are indeed some slight risks to chiropractic manipulation. The risk is very minor to almost nonexistent in any treatment of extremities. The risks involved in treatment to the spine excluding the neck are several. A list from the least to most serious would include muscular strain (rare), ligamentous sprain (rare), fractures (rare), and injury to the intervertebral disks, nerves or spinal cord (very rare). The risk involved in the treatment of the neck would include any on the preceding list but also include the remote possibility of cerebrovascular injury, or stroke (very, very rare: chances are one in one million to one in ten million). A minority of patients may notice stiffness or soreness after the first few days of treatment (common). The ancillary physical therapy procedures could produce skin irritation, burns, or other minor complications (rare).

**Other treatment options** that could be considered may include the following:

*Over-the-counter analgesics.* The risks of these medications include irritation to the stomach, liver, and kidneys, and other side effects in a significant number of cases.

*Medical care,* typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include numerous undesirable effects, usually more serious than those listed above and patient dependence in a significant number of cases.

*Surgery* in conjunction with medical care adds the risks of adverse reaction to anesthesia (which includes death), as well as an extended convalescent period in a significant number of cases.

**Risks of remaining untreated:** Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition, and make future rehabilitation more difficult.

**Concerns or questions:** Please ask your Doctor of Chiropractic. We at Kenkel Family Chiropractic have gone to great lengths to make your health and safety our top priority. We will be glad to explain any concern about treatment you might have. Suffice to say we will only recommend treatment for you that we would feel comfortable having performed on ourselves.

I have read the above explanation of chiropractic treatment. I also had the opportunity to ask questions and have them answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

\_\_\_\_\_  
**Printed name of Patient**

\_\_\_\_\_  
**(Parent Signature if Patient is a Minor) Date**